

ISD *Connection*

The Official Newsletter of the International Society of Dermatology

Vol. 13, No. 2 • Fall 2019

ISD Mentors Committed to Guiding the Next Generation of Dermatologists



In This Issue

President's Message.....	2	ISD Mentorship Program.....	7-8	Meet ISD Board Members.....	12-13
Secretary-General's Message, ISD at AAD Save the Date.....	3	XIII International Congress of Dermatology, Melbourne.....	9	ISD Regional Meetings.....	14
7th Continental Congress of Dermatology, Mexico.....	4	ISD at EADV, Madrid.....	10	Members in the News, ISD 2020 Meetings Calendar, IJD Impact Factor.....	15
ISD at 24th World Congress of Dermatology, Milan.....	5-6	Interview with ISD Social Media Manager, ISD at RADLA 2019.....	11	Membership Application.....	16
				ISD Board of Directors.....	17

FROM THE PRESIDENT

Dear friends and colleagues,

It is my pleasure to update you on some of your Society's activities and events. Many others are included in Secretary-General **Nellie Konnikov's** report and throughout this newsletter.



We held a successful strategic planning session during the annual American Academy of Dermatology (AAD) in Washington. More than 40 individuals participated including members of the Board of Directors, Vice Presidents, Executive Committee members, Committee Chairs, and special guests. The resulting draft of our Society's Vision and Mission statements is now in the hands of the Goals Task Force with the final product to be applied to the various committees and activities of the Society. Thank you to all who contributed their time, and I will report later how these values will shape our future direction and decisions.

The 7th Continental Congress of Dermatology was awarded to Mexico City and will be held April 22-25, 2020. Plan to join us for the first ISD meeting to be held in Mexico since 1984. Congratulations to Drs. **Linda Garcia Hidalgo** and **Abraham Alfaro Sanchez** for your successful bid.

Plans for the 13th International Congress of Dermatology (ICD) are progressing as well. The Scientific Committee led by Dr. **John McGrath** will finalize much of the academic program at the EADV in Madrid. Special thanks to Drs. **Dedee Murrell**, Congress President, and **Rod Sinclair**, Congress Secretary, as well as **Tim Wills**, CEO of the Australasian College of Dermatologists. Mark November 10-13, 2021, on your calendar.

We are midway between the ICDs in Argentina and Australia and several changes in committees are underway. The new Chairs are Drs. **Rashmi Sarkar**, Mentorship; **Keyvan Nouri**, Regional Meetings; and **Martin Kassir**, Fundraising. They assume these positions to continue the good work started by their predecessors Drs. **Martin Kassir**, **Shyam Verma**, and **Gaston Galimberti**, respectively. Each demonstrated remarkable leadership as chairs and will now become immediate past chairs and/or ex-officio.

A new Task Force for Global Outreach has been formed. Its objective is to expand the ISD into regions where the Society currently has little representation but can have a positive impact. The goals include increasing our membership while creating opportunities for mentorships, promoting regional and international meeting attendance, assessing local needs and encouraging international fellowship. Initially, this will be exploratory and may involve several of our standing committees. Credit for this new undertaking and the founding Task Force head is Dr. **Martin Kassir**. Through his international friendships, connections and vision, he will help introduce the ISD into new locations.

Another innovation will be a Sister Society meeting at the AAD in Denver. This pilot event will be held on Wednesday, March 19, 2020. We will share the space with Gloderm, a newly formed group supporting Global Dermatology. Their session will be in the morning and chaired by Dr. **Claire Fuller**, Chair of the ISD Community Dermatology Committee, with the ISD session in the afternoon. The intent is to give both groups access to their members while cultivating potential future collaborations.

The *International Journal of Dermatology (IJD)* continues to be an ISD jewel. Dr. **Rokea el-Azhary**, Editor-in-Chief, is now in her second term and has moved the *IJD* impact factor up while simultaneously publishing excellent articles from over 150 countries. This speaks directly to the Society's mission to give a scientific voice to both developed countries and underserved regions.

I hope you can see your Society is moving forward. If you wish to be more involved, please contact Nellie, **Cindy Froehlich**, ISD Executive Director, or myself through our website at www.intsocderm.org.

It remains my honor to serve this Society. I wish you each the satisfaction of practicing and advancing this specialty and the fellowship of belonging to a global community.

With warm regards,



George Reizner
President, International Society of Dermatology



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FROM THE SECRETARY-GENERAL

Dear Friends,

It is my true joy to recap five successful regional meetings sponsored by the International Society of Dermatology in Hungary, Turkey, Kazakhstan, Ethiopia, and Uzbekistan in 2019. I could not help but to reflect on how much ISD has accomplished in only one year, starting with the Board of Directors Strategic Planning Retreat during the AAD in Washington, DC.



Every meeting is a much-anticipated event. Certainly, a lot of planning, coordination, and countless hours of volunteer work were needed to meet and exceed the expectations of scientific sessions, not to mention exciting social programs. Personally, I was proud to take a leadership role in some regional meetings where -- in addition to meticulously planned sessions -- local societies promoted skin health around the world by organizing a World Skin Health Day. Organizers of meetings in Bodrum, Turkey, and Tashkent, Uzbekistan, have earned a special round of applause for enrolling more than 100 new ISD members during their conferences.

Our society is based on the sustainable growth of international membership from all countries, promotion and sharing of knowledge and technology, and advancement of bright and ambitious dermatologists throughout the world. Please read the detailed reports with meeting photos inside this newsletter. In addition, you can find more information and snapshots on our popular ISD social media platforms: Facebook, Instagram, and Twitter @intsocderm.

Our leadership and executive committee have already planned ISD meetings and the 7th CCD congress for 2020. It's going to be an exciting year filled with educational and traveling opportunities in Europe, Asia, Africa, the Far East and South America. By sharing this preliminary information now you can follow it closely on the ISD website and contact us with your thoughts and ideas.

I am sure you would agree with me that one of the most important missions for physicians in general and dermatologists in particular is to provide the best care possible to our patients. In order to achieve this, we must be able to access and discuss the latest information and technology and share experiences among peers. That's why ISD is a global, all-inclusive platform for the learning, exchange, collaboration and, most importantly, building of personal connections with colleagues throughout the world.

There are so many opportunities for you, my dear colleagues, to participate in the organizational structure of the society, serve on a number of committees, volunteer for many community-based projects, and to become a mentor to share your expertise and serve as a role model to young dermatologists from many countries. The ISD Mentorship program is one of the most successful and sought after programs by young dermatologists from developing countries. Please, read personal statements of our former mentees and see for yourself how much one to two months of a premier educational opportunity means for acquiring new skills and professional development. The Mentorship Committee, chaired by Dr. Rashmi Sarkar and most recently Dr. Martin Kassir, is ready to discuss mentorship opportunities with you, answer your questions and support you on becoming a mentor.

You will be surprised how satisfying and equally enriching this experience can have on you in terms of broadening your cultural, historical, and benevolent self. That's why the most beautiful quote by Hippocrates "**Wherever the art of Medicine is loved, there is also a love of Humanity**" resonates with us today.

As your colleague and friend, I am looking forward to seeing you at the ISD Sister Society session during the 2020 AAD in April.

With all my respect to you,

Nellie Konnikov, M.D.

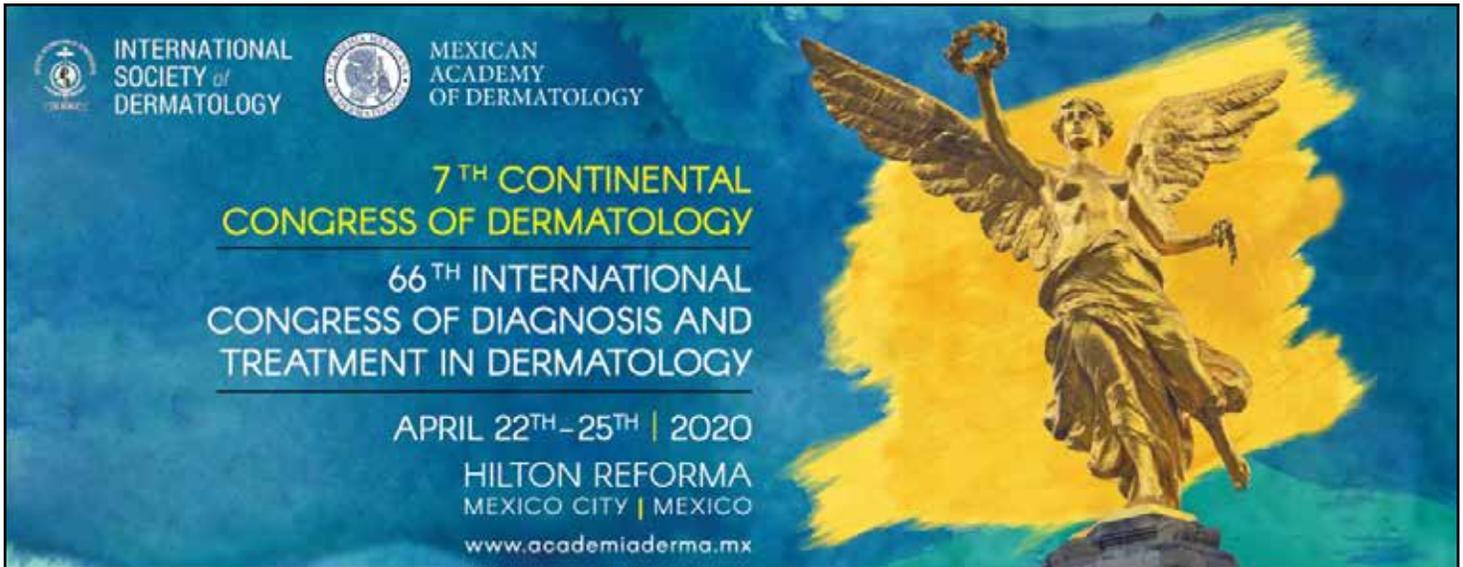
Nellie Konnikov, MD
Your Secretary-General

SAVE THE DATE

ISD Reception at the
2020 AAD Annual Meeting in Denver

Monday, March 23, 2020 - 5:30 PM
Location to be Announced

Check the ISD Website for Details Coming Soon!



MEXICO AWAITS YOU...

...for the **7th Continental Congress of the ISD** held in conjunction with the 66th International Congress of Diagnosis and Treatment in Dermatology.

The joint congress will be held in Mexico City from April 22-25, 2020. Please join us for a true *Dermatology Fiesta* with a very comprehensive and varied scientific program, including the latest advances in medical, surgical, pediatric, infectious, and cosmetic dermatology.

You will learn about:

- New treatments for inflammatory skin diseases in adults and children.
- How to effectively use and select biologics for different skin conditions.

- How to diagnose and treat nail and hair disorders.
- The latest advances in lasers as well as neurotoxins and fillers.
- The clinical spectrum of tropical diseases from world experts in tropical dermatology.

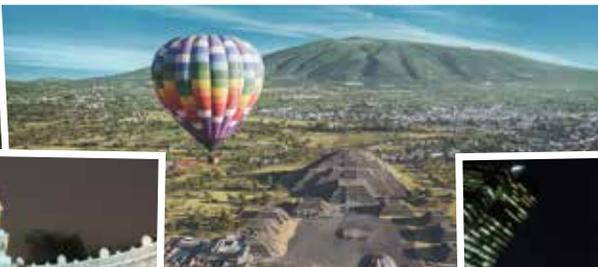
In Mexico City, you can enjoy many cultural activities including visiting museums that range from contemporary to classical art, historical sites, and much more! Come and savor our famous Mexican hospitality and camaraderie!

The venue will be at the Hilton Centro Historico, which is a beautiful hotel in downtown Mexico City, right in front of the Alameda and within walking distance of the Bellas Artes. The city's major historical sites are also in close proximity to the hotel.

Welcome and Bienvenidos to Mexico!

Things to Do, Places to Go

- Enjoy a Hot Air Balloon over Teotihuacan -- the City of Gods of the Aztec Empire -- and climb the Sun and Moon Pyramids!
- Explore Mexico's history from pre-Columbian times and learn about our multiple civilizations at the National Museum of Anthropology.
- Tour the beautiful Chapultepec Castle, the home of 19th century royalty.
- Visit the Palace of Fine Arts, listed by UNESCO as a World Heritage Site and considered one of the most renowned opera houses in the world.



ISD Sister Society Meeting at the 24th World Congress of Dermatology in Milan

During the 24th World Congress of Dermatology Congress in Milan, Italy (June 10-14, 2019), the International Society of Dermatology (ISD) hosted a Sister Society Meeting to highlight contributions to dermatology from young members, honor the contributions of established members, and provide an update of ISD programs.

The young dermatologists included the five Global Education Award recipients and a Maria Duran Fellow. Dr. Jacek Szepietowski (Poland), Chair of the Education Committee, introduced the five Global Education Award recipients:

- Linghong Zhou, MD (Canada) - Resource stewardship in dermatology: An evidence-based list of recommendations
- Manoj Pawar, MD (India) - Incidence of adverse cutaneous drug reactions among HIV patients receiving HAART at a tertiary referral centre, North-East India: A novel association of efavirenz-induced SCARs with HLA- DRB1*03
- Sonia Sofia Ocampo-Garza, MD (Mexico) - Association of frontal fibrosing alopecia and contact allergens in everyday skin care products
- Maria Franchesca Sotto Quinio, MD (Philippines) - The association between persistent granulomas and treatment outcomes among leprosy patients in a tertiary hospital in the Philippines
- Imene Ben Lagha, MD (Tunisia) - Hepatic abnormalities in psoriasis: prevalence and associated factors of liver fibrosis: a cross sectional study

Dr. Mercedes Florez-White (US), Chair of the Maria Duran Committee, introduced Dr. Sweta Subhadarshani (India) who presented her abstract entitled "Efficacy and safety of a novel method of insulated intralesional radiofrequency ablation for deep dermal and subcutaneous lesions: A 3-year institutional experience."

The awardees received a monetary award from the ISD to cover their travel expenses and a waived registration fee from the International League of Dermatological Societies (ILDS). Later in the week, the awardees were invited to a dinner with the ISD Board of Directors.

The Maria Duran Committee also presented the following awards for distinguished contributions in advancing both women within the field of dermatology as well as the skin health of women and children:

- Dr. Marcia Ramos-e-Silva (Brazil) was the 2019 Maria Duran Lecturer, which is one of the highest awards given by the ISD. She is a prolific author and has given over 800 presentations around the world. She delivered a presentation on "Tropical dermatology and women."
- Dr. Hemangi Jerajani (India) was recognized for her lifetime achievements with the Maria Duran Medal. She was honored as a champion of medical dermatology and a mentor to



2019 Maria Duran Lecturer Dr. Marcia Ramos-e-Silva, ISD Executive Vice President.

Continued on Page 6



From left to right: Drs. Jacek Szepietowski, Nellie Konnikov, 2019 Maria Duran Lecturer Marcia Ramos-e-Silva, and Mercedes Florez White (Chair, ISD Maria Duran Committee).



From left to right: Drs. Jacek Szepietowski, Nellie Konnikov, 2019 Maria Duran Fellow Sweta Subhadarshani (India), and Mercedes Florez White.



From left to right: Drs. Mercedes Florez White, 2019 Maria Duran Medalist Hemangi Jerajani (India), and Nellie Konnikov.



ISD leadership and award recipients gather for a dinner at the meeting. From left to right (front row): Drs. Sonia Sofia Ocampo-Garza, Nellie Konnikov, Sweta Subhadarshani, Maria Franchesca Sotto Quinio, and Manoj Pawar. From left to right (back row): Drs. Anthony Benedetto, Sujith Prasad Kumarasinghe, and George Reizner.

Continued from Page 5

women dermatologists not only in India, but worldwide. Most notably, she was the first woman to be President of the Indian Association of Dermatologists, Venerologists and Leprologists (IADVL).

Dr. Rokea el-Azhary, Editor-in-Chief of the *International Journal of Dermatology (IJD)*, opened a session on the Best of the *IJD* by introducing section editors Dr. David Mehregan (US) for Case Studies, Dr. Ken Tomecki (US) for Reports, and Dr. Larry Gibson (US) for Reviews. Each of the section editors synthesized interesting tidbits, insights and new perspectives from articles published in the *IJD*.

The Community Dermatology Committee provided thought provoking presentations on the challenges of providing health care in underserved populations. The session was chaired by Dr. Helmut Beltraminelli (Switzerland). The presenters included:

- Isabel Casas, MD (Argentina) - Community dermatology in Patagonia, Argentina
- Michele Murdoch, MD (UK) - Onchocerciasis elimination: are we just scratching the surface?
- Paul Matts, PhD (UK) - Tropical lymphedemas: lessons from podoconiosis
- Daudi Mavura, MD (Tanzania) - Dermatology in Tanzania: lessons from the RDTC

"It was a pleasure to meet all of the ISD board members and other esteemed guests. It was clear to me how welcoming and enriching the ISD is, and I hope to stay involved within the community as my career progresses."

-- Dr. Linda Zhou

"Indeed, the ISD opened new doors for me. I have been encouraging residents and colleagues in the Philippines to join the ISD by showcasing the society's global education awards, as well as the mentorship program. Thank you so much again and more power to you and to the International Society of Dermatology!"

-- Dr. Maria Franchesca S. Quinio

"It was a privilege to be invited to dine with such amazing dermatologists from all over the world. The icing on the cake was the unexpected live concert! I'm happy to have found Dr. Mercedes Florez White as a dermatology and karaoke mentor. She is full of warmth and life. Looking forward to more such meetings and learning from the best."

-- Dr. Sweta Subhadarshani



From left to right: Drs. Jacek Szepletowski (Chair, ISD Education Committee), Manoj Pawar, Maria Franchesca Sotto Quinio, Sonia Sofia Ocampo-Garza, Nellie Konnikov (ISD Secretary General), Imene Ben Lagha, and Linghong Linda Zhou.



10 – 13 November 2021
Melbourne Convention and Exhibition Centre, Australia

Website: icd2021.com.au Email: icd2021@arinex.com.au

Keynote Speaker

Professor John McGrath

*St John's Institute of Dermatology
Kings College, London*

Presenting on

Translation Dermatology

Bench to bedside in dermatology





ISD MENTORSHIP PROGRAM

Dr. Surajit Gorai of Burdwan Medical College and Hospital in West Bengal, India, participated in the ISD Mentorship Program with mentor Dr. Thomas Ruzicka in Munich, Germany, from August 26 - October 28, 2018. Highlights of his mentorship are included here in this interview.

What impressed you the most about your mentorship's teaching institution?

Municipality Hospital and Ludwig Maximilian University of Munich together administer the department with magical coordination, making it one of the best-in-class dermatology centers in the world with state-of-the-art facilities. The dermatosurgery department is equipped with a sophisticated operating theater that deals with all types of cutaneous malignancies, as well as performing flap reconstructions and sentinel lymph node biopsies. Doing each operation with perfection and maintaining a sterile environment leads to the use of no postoperative antibiotics, practically impossible to consider in my own clinic! Determining the 'MED' and 'MTD' in patients with photodermatoses was performed by trained personnel with advanced instruments, and this was very interesting to me.

What made this training experience interesting to you?

Self-taught residents from all over the world work efficiently in a friendly environment and every day exchange ideas during the 'mittag' (noon) meeting. Fellows, hospitalists, and interns (via exchange programs) decorate the department and make it truly international. From advanced laboratory techniques to intelligent and compassionate nurses, the patient care was lifted to a high level. Preparation of aeroallergens as well as allergens from suspected drugs, foods, and creams was quite innovative. Densitization via bites from living bees and wasps was also very interesting. While there is a dearth of proper laboratory infrastructure in our clinic in India, the logical approach is the same, including a detailed clinical examination.

How would you describe your interactions with your mentor and others involved in your training?

During my two months in Munich, I regularly interacted with legendary figures in various fields of dermatology such as psoriasis, atopy, and dermatosurgery. I also collaborated with them on a few projects and made several new friends. It was a magical experience to meet the sage-like Professor Plewig, and I will forever treasure the memories of his friendly discussions and suggestions. Professor Thomas Ruzicka -- the experienced, humble and the legendary man -- made my stay so comfortable, while Professor Rashmi Sarkar constantly motivated me to unlearn, learn, and enjoy my time in Munich. As always, Dr. Koushik Lahiri stood beside me as a friend, philosopher, and guide.



Dr. Surajit Gorai (left) with mentor Dr. Thomas Ruzicka

What did you enjoy the most about your mentorship and your host city?

"To travel is to discover that everyone is wrong about other countries." – Aldous Huxley

True in all sense, my ISD-sponsored mentorship taught me, polished me, and experienced me, as it made me a better human being.

Dr. Sherzod Khonkhodjaev

of Tashkent, Uzbekistan, participated in the ISD Mentorship Program with mentor Dr. Helmut Beltraminelli at Inselspital Bern University Hospital, Department of Dermatology, in Switzerland where he studied dermatopathology, October 1 - November 30, 2018. Highlights of his mentorship are included here in this interview.



Dr. Sherzod Khonkhodjaev (left) with mentor Dr. Helmut Beltraminelli

How did this experience increase your knowledge of dermatopathology?

During these two months, I had the opportunity to observe and work with a highly specialized dermatopathology team under the guidance of my mentor Dr. Helmut Beltraminelli. My daily activities included the study of more than 100 slides under the supervision of dermatopathologists Drs. H. Beltraminelli, R. Blum and L. Feldmeyer. I learned what clues to look for and how to arrive at the diagnoses of difficult cases. This process was facilitated by the fact that everybody discussed freely and encouraged me to share my opinion. I also learned useful clinical "pearls" that Dr. Beltraminelli gathered during his career.

What did you find most interesting about your study of dermatopathology?

I saw the histology of many skin lymphomas and other cutaneous oncological cases which were very rare in my practice. With Dr. Beltraminelli teaching me the immunohistochemical diagnostic criteria for different types of skin lymphomas and other tumors, my interest in immunohistochemistry was further enhanced as I learned the different staining techniques.

Describe a typical day during your mentorship.

Every Monday, I attended the interactive dermatopathology seminar for residents organized by Dr. Beltraminelli. Clinicopathologic correlations were discussed, helping me interpret images and improve my skills. I had the privilege of attending weekly department meetings, learning from the discourses of all the dermatologists as they discussed difficult cases.

Do you feel this learning experience will further bolster your career?

This experience will definitely have a positive impact on my medical career, and I am very thankful to Prof. Luca Borradori, my mentor Dr. Beltraminelli and all of their colleagues who unselfishly shared their knowledge and made my stay a memorable one.



ISD MENTORSHIP PROGRAM

Dr. Sneha Ghunawat of New Delhi, India, participated in the ISD Mentorship Program with mentor Dr. Evangeline Handog in Manila, Philippines, from November 21 - December 12, 2018. Highlights of her mentorship are included here in this interview.



Dr. Sneha Ghunawat (right) with mentor Dr. Evangeline Handog

Describe your mentorship experience.

My three-week mentorship with Dr. Evangeline Handog was an enriching experience and has inspired me to pursue my areas of interest. During this period, I rotated between the Research Institute of Tropical Medicine (RITM) and the Asian Hospital and Medical Center, both of which are in Manila. This provided me with a good opportunity to observe patients in both public and private hospital settings.

What type of clinical cases and procedures did you observe?

I saw patients with a wide range of cutaneous diseases, including Hansen disease, mycosis fungoides, immunobullous diseases, and HIV-related skin disorders, and also took part in the related academic discussions. At RITM, I interacted with the learned faculty and gained insights from their respective areas of interest. The residents at RITM were also very helpful and made every effort to make me feel comfortable. I attended clinical meetings and case discussions with them, witnessing their approaches to diagnosis and patient management. I also observed phototherapy, minor surgical procedures and laser surgeries.

How did this mentorship experience combine clinical and aesthetic dermatology?

Dr. Handog has a practice that is an amalgamation of clinical dermatology and aesthetics. The laser center at the Asian Hospital is one of the largest centers in pigmentary disorders, hair removal, and body contouring. I learned the useful aspects of the various lasers and this improved my fund of knowledge. Dr. Handog also shared her knowledge and experience regarding treatment of melasma and other pigmentary disorders, with in-depth discussions on therapeutic protocols and newer trends.

What impressed you the most about your mentor?

Among the many things that one learns from Dr. Handog is not only her par excellence knowledge of dermatology, but also the enthusiasm with which she interacts with her patients. She strikes a perfect work-life balance. She took really good care of me during my stay and made an extra effort to take me sightseeing to nearby places. She is a true inspiration for young dermatologists like me.

Dr. Jamaine Melisse L. Cruz-Regalado of the Philippine Dermatological Society in Manila, Philippines, participated in the ISD Mentorship Program with mentor Dr. Dedee Murrell in Sydney, Australia, from January 14 - April 8, 2019. Highlights of her mentorship are included here in this interview.



Dr. Jamaine Melisse L. Cruz-Regalado (left) with mentor Dr. Dedee Murrell

How did you feel when you found out you were accepted in the ISD Mentorship Program?

I was ecstatic to receive the news that I was granted a three-month mentorship program with Professor Dedee Murrell. My mentorship program began in January 2019 at St. George Hospital in Kogarah, a southern suburb of Sydney in New South Wales. On my first day, I was formally introduced to the staff of the Department of Dermatology at the hospital and at Dr. Murrell's private clinic. It was there where I met several dermatologists from other countries, dermatology residents, and medical students who would become my daily companions in this educational journey.

What was your overall goal participating in this mentorship?

My major goal was to acquire more knowledge regarding the evaluation and management of blistering diseases. I am completely fascinated by blistering diseases, which is the reason why I applied for a mentorship with Professor Murrell. Fortunately, she had a trove of such cases, including in her day-long bullous clinic held every fortnight. St. George Hospital was also well-equipped to diagnose and treat these patients. One notable experience was being able to observe antigen mapping of skin from EB patients. I also enjoyed learning how to approach complex medical dermatology, as I was able to see patients with rare diseases such as Papillon-Lefevre syndrome and Behçet disease as well as unusual blistering diseases.

What skills did you acquire during your mentorship that you will use when you return home?

I gained experience in the use of biologic agents for patients with autoimmune blistering diseases, and other diseases such as psoriasis, urticaria, atopic dermatitis, and hidradenitis suppurativa. Aside from improving the care of my patients, I will be able to expose my colleagues to these new therapies via consultations and lectures.

How will your mentorship experience make an impact five years from now, including for your region or country?

At this early point in my career, I can only hope to make an impact on Philippine dermatology over the next 5-10 years. Although the cost of advanced therapies such as biologic agents is a foreseeable obstacle in my country, if I can make physicians and patients more aware of their long-term benefits then noise for their accessibility might eventually reach the proper ears.

Excitement Builds as Australia Prepares to Host Its First-Ever International Congress of Dermatology

The XIII International Congress of Dermatology (ICD) will be held in Melbourne, Australia, November 10-13, 2021, and is expected to attract 3,000 individuals from around the world. Attendees will learn about the most recent advances in the prevention, diagnosis and treatment of skin, hair and nail diseases. Skin health will also be addressed, as will innovative technologies from lasers to imaging devices.

The Congress will be held at the new Melbourne Convention and Exhibition Centre, considered a global leader in sustainability due to its innovative environmental design and sustainable operational features. Conveniently located on the banks of the Yarra River and only 30 minutes from Melbourne's International Airport, the Convention Centre is also within walking distance to hotels, restaurants, museums and shopping.

The meeting will offer something for everyone, as the ICD 2021 Scientific Program will provide a range of educational opportunities such as an early career workshop for future leaders of dermatology, as well as sessions that focus on patient education and patient support groups. This is in addition to advanced courses and industry symposia.



From left to right: Dr. Dedee Murrell, 2021 ICD President; Mr. Kane Rose, Manager, The Langham, Melbourne; and Dr. Jean Bolognia, Chair, ISD Communications Committee

Beginning on March 10, 2020, ISD members and members of the dermatology community can submit abstracts to be considered for the scientific program. Abstracts will be reviewed by the Scientific Committee for inclusion as either an oral or digital poster presentation. Early bird registration opens November 16, 2020, and other key dates, guidelines and access to the abstract submission portal will be available through the Congress website at <https://icd2021.com.au/>. A discounted registration rate will be available exclusively to ISD members, and scholarships will be offered to trainees and dermatologists from emerging nations to assist with Congress travel expenses.

A number of engaging social events are being planned for the Congress. A welcome reception will include native animals and cultural performances and will serve as a perfect setting for networking. More information on the social program will be available via the Congress website by the end of 2019.

Meeting organizers are working tirelessly behind the scenes to plan an unforgettable meeting for all those interested in skin health and skin disease -- and their guests -- to enjoy!



Melbourne



Great Ocean Road



Block Place



Yarra Gardens

Explore Melbourne!

Melbourne is the second largest city in Australia and is renowned as Australia's knowledge and cultural capital. Some of the highlights the city has to offer include:

- **Great Ocean Road** (including the Great Ocean Road Memorial Arch, the Otway Fly and the 12 Apostles)
- **Royal Botanic Gardens Victoria**
- **Melbourne Zoo**
- **Phillip Island**
- **National Gallery of Victoria**
- **Federation Square**
- **Yarra River Winery Tours and Ballooning at Dawn**
- **Melbourne Cricket Ground (MCG) Tour**

ISD Hosts Sister Society Meeting at the EADV Madrid 2019

The ISD held its sister society meeting on October 9, 2019, during the 28th EADV Congress in Madrid. ISD President Dr. George Reizner and Dr. Abdul-Ghani Kibbi served as the meeting's chairs.

This very well attended event included a variety of dermatologic topics presented by experts from around the world. Topics ranged from infectious and inflammatory diseases to pigmentary disorders and the impact of climate change on skin disease. Speakers included:

Dr. Esperanza Welsh (Mexico) -- Complications with fillers

Dr. Koushik Lahiri (India) -- Autologous minigrafting in vitiligo

Dr. Jorge Ocampo-Candiani (Mexico) -- Cutaneous coccidioidomycosis, the great mimicker

Dr. Vinay Keshavamurthy (India) -- Acquired dermal macular hyperpigmentation

Dr. Abdul-Ghani Kibbi (Lebanon) -- Cutaneous leishmaniasis: Lessons from the scourge of war

Dr. Jose Dario Martinez Villarreal (Mexico) -- Old new emerging infectious diseases in Mexico and Central America

Dr. Edyta Lelonek (Poland) -- Elephantiasis in hidradenitis suppurativa

Dr. Fatma Jendoubi (Tunisia) and Kahena Jaber (Tunisia) -- Dermatophytic disease from Tunisia: Clinical cases and beyond

Dr. Johannes Dayrit (Philippines) -- Climate change: The implications for dermatology

Dr. Martin Kassir (USA) -- Mentorship in dermatology

Dr. Rokea el-Azhary (USA) -- Status of the *International Journal of Dermatology (IJD)*

Dr. Lawrence Gibson (USA) -- Best of the *IJD*: Out of Africa

Dr. Kenneth Tomecki (USA) -- Best of the *IJD*: Case Reports



From left to right: Drs. Vinay Keshavamurthy, Johannes Dayrit, Fatma Jendoubi, Lawrence Gibson, Esperanza Welsh, Rokea el-Azhary, Linda Garcia, Jorge Ocampo-Candiani, Martin Kassir, Dario Martinez, Kenneth Tomecki, Abdul-Ghani Kibbi, and George Reizner



From left to right: Drs. Esperanza Welsh and Linda Garcia



From left to right: Drs. Martin Kassir, Nejb Doss, Esperanza Welsh and Cindy Froehlich, ISD Executive Director

Meet ISD's Social Media Maven: Dr. Mary Thomas

Dr. Mary Thomas is a dermatologist trained in India who is now based in Canada. A very active member of the Communications Committee of the International Society of Dermatology (ISD), she manages the growing social media presence of our society. Here is a brief interview with her!

Q: For how long have you been a member of the International Society of Dermatology?

A: I have been a member of the ISD since 2009.

Q: What has the ISD membership meant to you on a personal and professional level?

A: ISD has given me the opportunity to attend several international dermatology meetings in different regions of the world. This has not only broadened my global perspective about the practice of dermatology but also helped me build a professional network with dermatologists from several countries. Being a member of the ISD has really given me a platform upon which to grow professionally and establish lasting friendships. I first joined the Communications Committee in 2014 and now manage all the social media presence of the society.

Q: Tell us about the various forms of social media used by the ISD.

A: We utilize Facebook, Instagram and Twitter. Our handle is @intsocderm. We post information and updates on our meetings, scholarships, awards and travel grants. Quite recently, in collaboration with the *International Journal of Dermatology* @intjrd, we have started posting snippets of interesting articles from the journal. We also have a Facebook group composed exclusively of young dermatologists who have been beneficiaries of our mentorship program and this provides a platform for sharing experiences and connecting with each other.

Find the latest ISD news on Facebook, Instagram and Twitter at @intsocderm



Dr. Mary Thomas posting ISD updates on social media

Q: How has the social media presence of ISD changed over the past several years?

A: Initially, we started with a chat room on our website to encourage members to discuss relevant topics in the field of dermatology. Over time, to keep up with changing trends, we decided to establish a presence in mainstream social media channels. We started our Facebook page in 2014. After receiving a lot of positive feedback, we gradually expanded our reach to include Instagram. In 2016, we started a Twitter account which was extremely well received and gave us a platform to discuss relevant issues in global dermatology. Our following has been growing consistently ever since.

Q: What do you envision for the future of social media in dermatology?

A: Social media is a powerful tool that allows connectivity at an unprecedented level and helps build communities that share common goals and interests. It provides an avenue for sharing knowledge and ideas with colleagues with just a click of a button. With regard to the ISD, there is continued membership growth and interest across all social media platforms. Our hope is to encourage academic discussions and spread awareness of key dermatological issues and advances amongst our colleagues and the general public.

ISD Hosts Sister Society Meeting at RADLA 2019 in Buenos Aires

The ISD was well represented at RADLA 2019, which was held May 4-7, 2019, in Buenos Aires.

ISD members Drs. Jorge Ocampo-Candiani (Mexico), Paula Carolina Luna (Argentina), and Paula Boggio (Argentina) served as moderators of the well attended ISD session. Drs. Jeffrey Callen (US) and Fernando Stengel (Argentina) delivered lectures entitled "Skin signs of internal malignancy" and "From then to now: a 50-year journey", respectively. In addition, there were presentations of interesting clinical cases by Drs. Dedee Murrell (Australia), John McGrath (UK), Isabel Casas (Argentina), Jorge Ocampo-Candiani (Mexico), and Cláudia Guili Santi (Brazil). The symposium ended with a popular session of "What's your diagnosis?"



From left to right: Drs. Fernando Stengel, Isabel Casas, Paula Luna, Paula Boggio, Jorge Ocampo-Candiani, Margarita Larralde, John McGrath, Dedee Murrell, and Jeffrey Callen.

Behind the Scenes: Getting to Know ISD Board Members

Despite busy professional and personal lives, members of the ISD Board of Directors spend a significant amount of time working to improve the quality of all the benefits the Society offers its members. Their commitment to ISD is unwavering and they clearly play a vital role. Here, meet three ISD Board Members -- Drs. Alin Tatu (Romania), Louise Kronborg Andersen (Denmark), and Koushik Lahiri (India).

Dr. Tatu, where did you train in dermatology?

AT: My dermatology training was done at Carol Davila University of Bucharest and Colentina Clinical Hospital with Professors Forsea Dan, Giurcaneanu Calin and Sanda Popescu.



Dr. Alin Tatu,
Romania

Where do you practice dermatology?

AT: Since 2000, I have been in private practice and I am currently head of the Dermatology Department at Saint Parascheva Clinical Hospital of Infectious Diseases. The hospital is associated with the Faculty of Medicine and Pharmacy at the Dunarea de Jos University of Galati, where I am Professor of Dermatology.

What are your areas of interest within dermatology?

AT: My areas of interest include the cutaneous microbiome as it relates to *Demodex folliculorum*, demodicidosis and rosacea; dermoscopy and changes in melanocytic nevi during pregnancy; adverse cutaneous drug eruptions; and the use of plant extracts.

Why are you a member of the ISD?

AT: I am interested in meeting colleagues from around the world and in promoting Romanian dermatology. I want to help my residents and PhD students be better informed about advances within dermatology.

What are your hobbies or interests outside of medicine?

AT: I like walking on mountain roads, going fishing with my family, traveling internationally, and riding bicycles.

What 3 words best describe you?

AT: Focused. Serious. Ready to help others.

How do you balance your personal life with your busy professional life?

AT: It is a delicate balance. Sometimes I have to put professional obligations ahead of family duties. I have two kids -- 6-year-old Iacob and 8-year-old David -- and although they are my priority in life, the time spent together is too brief. My wife, Simona, understands my position and responsibilities and is always supportive. My parents are elderly, and I love them very much so I find time to talk to them or see them weekly.

How has ISD impacted your career?

AT: Because I have met wonderful people within the ISD who have helped me to grow professionally and better understand global opportunities, the ISD has strengthened my academic career. Now, as a Vice President of the ISD, it is my time to promote ISD values to other colleagues from Romania and other Eastern European countries.

What do you value most about your involvement in ISD?

AT: The power to help young dermatologists participate in congresses where the ISD is involved and being a member of the Maria Duran and Education committees.

What does ISD offer aspiring young dermatologists?

AT: The possibility to be involved in international projects, to participate in international meetings, and to be more visible by publishing in the *IJD*.

What advice would you give to young dermatologists who may be just starting out in their careers?

AT: To be focused on what they have to learn and understand, to find a mentor to open some scientific doors for them, and to try to also be active in the academic field, not just clinicians.

What would ISD members be surprised to learn about you?

AT: In the medical field, I first described *Bacillus simplex*, *B. cereus* and *B. pumilus* as endosymbionts for *Demodex folliculorum*. Socially, I like the ISD parties and sharing a glass of aged red wine with true friends.

Dr. Kronborg Andersen, where did you train in dermatology?

LKA: I specialized in dermatology at Aarhus University Hospital, Denmark. I did my research training in the United States at the Mayo Clinic in Rochester, Minnesota.



Dr. Louise Kronborg Andersen,
Denmark

Where do you practice dermatology?

LKA: I currently practice dermatology at Aleris-Hamlet Private Hospital in Denmark.

What are your areas of interest within dermatology?

LKA: My areas of interest are general dermatology, tropical dermatology and skin cancer.

Why are you a member of the ISD?

LKA: ISD membership gives me the opportunity to meet and interact with people globally.

What are your hobbies or interests outside of medicine?

LKA: My hobbies are traveling, hiking and running.

What 3 words best describe you?

LKA: Friendly. Energetic. Hardworking.

How do you balance your personal life with your busy professional life?

LKA: I work three days a week in the clinic. The rest of the time is dedicated to research and, most importantly, family.

How has ISD impacted your career?

LKA: ISD has had a tremendously positive impact on my work. I serve as the chair of the Climate Change committee -- which has given me the opportunity to network with people globally -- but also to participate in various ISD sessions, both as a speaker and a delegate.

What do you value most about your involvement in ISD?

LKA: Working with residents and dermatologists from around the world.

What does ISD offer aspiring young dermatologists?

LKA: A global view of dermatology with outstanding and friendly colleagues from all parts of the world.

What advice would you give to young dermatologists who may be just starting out in their careers?

LKA: Keep in mind that each patient case is unique. Let research activity be an integral part of daily work.

What would ISD members be surprised to learn about you?

LKA: I have a great passion for mountain hiking and outdoor life.

Dr. Lahiri, where did you train in dermatology?

KL: I trained at the Institute of Postgraduate Medical Education and Research (IPGMER) in Kolkata, India.



Dr. Koushik Lahiri, India

Where do you practice dermatology?

KL: I mainly practice in Kolkata and cater to an essentially urban population, but we have a clinic at Burdwan, a district headquarter in Bengal, where many patients from a rural background are seen.

What are your areas of interest within dermatology?

KL: Vitiligo, dermatosurgery and lasers, psychodermatology, metabolic disorder-related dermatoses, and the huge issue of topical corticosteroid abuse.

Why are you a member of the ISD?

KL: ISD is a true representative society of the dermatologists of this planet. It widens the vision and perspective of its members. I joined ISD basically to learn from my colleagues from around the world and share my experiences, enthusiasm and understanding about dermatology.

What are your hobbies or interests outside of medicine?

KL: Reading, writing, traveling, and photography.

What 3 words best describe you?

KL: Sincere. Communicative. Multitasking.

How do you balance your personal life with your busy professional life?

KL: You need to ask this question of my family members -- how do they still tolerate me? I am indebted to my wonderful wife and kids for their ever-supporting attitude towards me. I don't plan or do anything to artificially balance my different passions and commitments. I just follow my instincts and flow with the tide.

How has ISD impacted your career?

KL: I attended my first ISD congress in New Delhi (1994) with my father and was simply awestruck with the sheer diversity of the subjects and depth of knowledge of international thought leaders. I was deeply influenced by Past President Dr. Coleman Jacobson. Being a member of the Board of Directors and a Vice President of the ISD has had a huge impact on my capacity to serve my Indian colleagues, as well as enhancing my stature within the discipline. Academically, our first report on minigrafting and phototherapy was published in the *IJD*.

What do you value most about your involvement in ISD?

KL: Due to my position as the Honorary Secretary General of Indian Association of Dermatologists, Venereologists and Leprologists (IADVL), I became more involved with the ISD -- the ISD recognized the IADVL as a sister society and a ISD-IADVL fellowship started during my tenure. I am a reviewer for the *IJD* and was a member of the organizing committee of the very successful ICD 2013 in New Delhi. I also was the organizing chairperson for an ISD regional congress (ACSICON 2015) and am a member of the ISD Fundraising committee.

What does ISD offer aspiring young dermatologists?

KL: With various scholarships, mentorships and global education awards, ISD has many things to offer aspiring young dermatologists.

What advice would you give to young dermatologists who may be just starting out in their careers?

KL: Join the ISD early and various avenues will open up for you. There is no better way to grow as a dermatologist. Your perspective regarding dermatology specifically and the world in general will widen.

What would ISD members be surprised to learn about you?

KL: I was educated in vernacular medium schools and therefore was poor in my second language, English. I am a regular writer and have a collection of short stories, poems and travelogues in my mother tongue, Bengali.

ISD Represented at International Meetings Worldwide in 2019

Ethiopia

The ISD Executive Committee organized the ISD Regional Meeting as part of the 7th Ethiopian Dermatology and Venereology Society Annual Meeting in Addis Ababa, Ethiopia, on July 25, 2019. The theme of the meeting was “Promoting Teledermatology to Remote Consultation Modality”. The residents who submitted the top three case reports received an ISD membership as part of their award. These three award winners -- all final-year dermatology residents at Addis Ababa University in Ethiopia -- were Drs. Abdunaser Hamza Esmail, Huda Aman Siraj and Kidist Yeneneh Dagneuw.



From left to right: Drs. Abdunaser Hamza (final year resident), Adane Ayele (EDVS Secretary), Kidist Yeneneh (final year resident), Huda Aman (final year resident) and Tizita Yosef (EDVS Public Relations Officer)

Kazakhstan

The ISD Regional Meeting held in Nur-Sultan, capital of Kazakhstan, on May 30-31, 2019, was organized by ISD members Drs. Batpenova Gulnar and Tatyana Kotlyarova as part of the 6th Eurasian Congress of Dermatology, Cosmetology and Aesthetic Medicine. The meeting was a busy two-day event focusing on clinical dermatology, skin infections including sexually transmitted diseases, procedural dermatology, cosmetic workshops, and industry-sponsored presentations. The highlight of the conference was the First Kazakhstan Dermoscopy Forum and Dermoscopy Jeopardy for young dermatologists organized and directed by Dr. Raimonds Karls from Riga, Latvia. In addition, a well-attended session for residents was held where young dermatologists presented short case reports and research projects. A special panel selected the three best presentations and awarded one-year ISD memberships to these residents. At the closing ceremony, Dr. Batpenova -- on behalf of Kazakhstan Association of Dermatologists -- expressed sincere appreciation to ISD for support and guidance in organizing the successful meeting.



From left to right: Drs. Nellie Konnikov, Dinara Azanbayeva and Alma Aimoldina (a former ISD mentee)

Uzbekistan

The ISD Regional Meeting and the International Scientific and Practical Conference “Actual Problems of Dermatovenereology and Aesthetic Medicine” was held in Tashkent, Uzbekistan, on September 6-7, 2019. The leadership of the Republican Scientific and Practical Medical Center for Dermatovenereology, including Drs. Sbirov, Mavlyanova and Porsohanova, organized the first-of-its-kind meeting by inviting international speakers from 16 countries to participate in sessions, forums, workshops and discussions. The main objectives of the conference were to improve knowledge and practical skills of Uzbek dermatologists and to broaden the understanding, diagnosis, and management of common dermatoses, including sexually transmitted diseases. At the opening session, ISD President Dr. George Reizner shared his perspective on the ever-changing landscape of dermatology over his 30 years of practice. Many ISD members contributed to the excellent scientific program, including Drs. Aldo Morone, Nellie Konnikov, Jacek Szepletowski and Jaishree Sharad. The ISD awarded three one-year ISD memberships for the best presentations at the residents’ symposium, and Dr. Nellie Konnikov personally sponsored one-year ISD memberships for four dermatology residents.



From left to right: Drs. Victor Gabriel Clatici, Mohammed Jafferany, Nellie Konnikov, Leon Kircik (who became an ISD member at the meeting) and Jacek Szepletowski

Turkey

The ISD Regional Meeting in Bodrum, Turkey, was organized by Dr. Mustafa Turhan Sahin in conjunction with the 14th Aegean Dermatology Days meeting of the Dermatovenereology Association of Turkey. The meeting was held from May 1-5, 2019, at the Hilton Bodrum Turkbuku Resort. The meeting blended clinical and therapeutic updates while allowing attendees to soak in the history of ancient Mediterranean cultures. The organizers used their ISD grant to award ISD memberships, which include a subscription to the *International Journal of Dermatology*, to 65 attendees.



From left to right: Drs. Seniz Duygulu, Evangeline Handog and Jacqueline Junkins-Hopkins



MEMBERS IN THE NEWS

The ISD proudly recognizes members who are accomplishing great things and fulfilling the mission of the ISD. Congratulations!

ISD Vice President **Dr. Koushik Lahiri** (India) was honored with the AAD Member Making a Difference Award at the AAD 2019 in Washington, DC. Dr. Lahiri was recognized for his incredible volunteer contributions



**Dr. Koushik Lahiri with
Dr. Suzanne Olbricht**

to the field of dermatology, and particularly for his crusade to curb topical corticosteroid abuse in India. AAD President Dr. Suzanne Olbricht presented the prestigious award to Dr. Lahiri.

ISD Board members **Drs. Dedee Murrell** (Australia) and **Shyam Verma** (India) are serving as the first two elected international board members of the EADV.



**Dr. Dedee Murrell (left) and
Dr. Shyam Verma (right) with
EADV President Dr. Carle
Paul (center)**

2020 ISD Meetings Calendar

January 6 - 7, 2020

**African Dermatopathology Conference
Regional Dermatology Training Centre**
Moshi, Tanzania
For more information: Helmut Beltraminelli:
helmut.beltraminelli@insel.ch

February 1 - 2, 2020

Meeting on Dermatologic Therapy*
Catania, Italy
University of Catania
For more information: www.ldv.it/dermatologia

February 21 - 23, 2020

**The Inaugural Burma Skincare
Initiative Meeting***
Yangon, Myanmar
Burma Skincare Initiative,
University of Manchester
For more information: Su Lwin:
su.m.lwin@kcl.ac.uk or Christopher Griffiths:
christopher.griffiths@manchester.ac.uk

March 11 - 13, 2020

XIII IFDC*
National Alliance of Dermatologists
& Cosmetologists
Moscow, Russia
For more information:
www.ifdc.pro or ifdc@kstinerforum.ru

March 23, 2020

ISD Reunion at the AAD
5:30 p.m.
Location to be announced
Denver, CO
For more information: www.intsocderm.org

April 8 - 11, 2020

**Congres Association Dermatologistes
Francophones***
Tunisian Society of Dermatology & Venerology
Ben Arous, Tunisia
For more information: www.stdv.tn

April 23 - 25, 2020

ISD Continental Congress of Dermatology
Academia Mexicana Dermatologia
Mexico City, Mexico
For more information:
<https://www.academiaderma.mx/>

May 29 - 31, 2020

KAD/ASDV 2020 Congress*
Kenya Association of Dermatology and the
African Society of Dermatology & Venerology
Lake Naivash Resort, Kenya
For more information: www.kenyaderma.org

August 13 - 15, 2020

**2nd International Congress
on Tropical Dermatology***
Sri Lanka College of Dermatologists
Colombo, Sri Lanka
For more information: www.slcd.lk or info@slcd.lk

September 25 - 27, 2020

**Symposium Sarajevo
Dermatology Days***
Psoriasis Association of Bosnia & Herzegovina
Sarajevo, Bosnia
For more information: www.asjaprohic.ba,
or email Asja Prohic: asjaprohic@hotmail.com

* ISD Regional Meeting

International Journal of Dermatology Making an Impact

Dr. Rokea el-Azhary, Editor-in-Chief of the *International Journal of Dermatology (IJD)*, and her Editorial Board have been working tirelessly to expand the scope of the *IJD* around the world. Recently, their efforts have resulted in a significant jump in the *IJD*'s impact factor.

"The International Journal of Dermatology impact factor jumped from 1.54 to 1.79 this year! The Journal is growing in many ways, including an increase in submissions -- but even more importantly -- in the diversity of the submitting authors and geographic reach of the Journal. We are pleased that published articles are being read and cited, a key component of the impact factor. Thanks to all who have sent us their best and most cited articles."

-- Dr. Rokea el-Azhary





International Society of Dermatology

APPLICATION FOR MEMBERSHIP

Join online at www.intsocderm.org

(Please print or type clearly)

Name _____
(Last/Family) (First/Given) (Middle)

Institution _____

Address _____
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(City) (State/Region) (Postal Code) (Country)

Telephone _____ Fax _____
(Country/City Code) (Area Code) (Number) (Country/City Code) (Area Code) (Number)

E-mail _____ Birthdate _____
(Month/Day/Year)

Scientific Degree (e.g., M.D., M.B.B.S., Ph.D., M.S., B.S., etc.) _____ Gender: Male Female

1. I wish to join the ISD membership in the following category (please check only one):

INDIVIDUAL MEMBERSHIPS:

____ **Regular Member** US \$125.00
This is the regular and usual membership of the Society. Annual dues of US \$125.00 include a subscription to the *International Journal of Dermatology*. May hold elective office and vote.

____ **E-Member** US \$45.00
This is a new category of membership, which is available to members living and practicing in a Group A or Group B country as defined by WHO and the World Bank.* Available to those who are eligible, e-members will receive only electronic access to the *International Journal of Dermatology* and all correspondence will be electronic. (If you are a current member wishing to switch to this level, you need to contact the ISD office in order to change your membership status)
*A complete list of those countries can be found at <http://www.who.int/hinari/eligibility/en/>.

____ **Associate Member** US \$75.00
This category is suggested for residents/medical students of any country, or dermatologists currently staying in developing countries (designated by OECD). Annual dues of US \$75.00 include a subscription to the *International Journal of Dermatology*. Associates cannot hold elected office or vote on Society matters.

____ **Individual Sponsoring Member** US \$250.00
This category is for individuals who want to sponsor members from developing countries or trainees (residents) from any country. In addition to the privileges and benefit of the Regular Membership, the sponsor will receive an Individual Sponsoring Member certificate. The annual dues of US \$250.00 sponsor up to 2 Associate Members in addition to the sponsor's membership.

Sponsoring Members may select 1 or 2 eligible members to support or allow ISD to select from a list of eligible candidates.

____ Let ISD select the sponsored members

____ I would like to sponsor the following dermatologists and/or dermatologists in training. The names are listed below.

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Email: _____

Sponsored Member Name: _____

Email: _____

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____ **Credit Card** (preferable for applications made outside the U.S.; please complete the adjacent box)

3. Send completed application with payment by fax or mail to:

INTERNATIONAL SOCIETY OF DERMATOLOGY
PO Box 79524 • Baltimore, MD 21279-0524 USA

Phone: +1 386-437-4405 Fax: +1 386-437-4427

E-mail: info@intsocderm.org

Web site: www.intsocderm.org

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